# What's your carbon footprint?

Have you any idea how your lifestyle impacts the environment and our planet today? People are beginning to think about the small changes they can make in everyday life to cut carbon emissions. Even the smallest alterations can make a big difference...

Using an electronic pencil for a lifetime 50 tonnes
Producing one tree a year 0.217kg
Planting a tree a year 5kg
Sending a text message 0.014g
Drinking a pint of water 0.298g
Making a cup of coffee 21g
Cooking a pan of pasta 0.34g
Making breakfast with a microwave oven 3g
A standard dishwasher cycle 1.5kg
Boiling a kettle for a cup of tea 70g
Running a bath 80kg
A 60-watt bulb for an hour 0.2kg
A 42-inch TV on a 32" LCD flat screen 89g
Powering a PC for 1 hour 165g
Travelling 1km by bike or walking 0kg
Travelling 1km by bus in London 104g
Travelling 1km by car in London 192g
Travelling 1km by tube in London Underground 80g
Using a hair dryer for 10 minutes 230g
A return journey from Kent to London by car 30kg
Big screen TV 300W
Big stereo 300W
Big fridge freezer 700W
Driving a car for a mile 400g
A return flight to Australia 750kg
A return flight to Spain 225kg
A return flight to Greece 1.2kg
A return flight to Turkey 1.5kg
A return flight to the Caribbean 2.5kg
A return flight to the USA 1.8kg
A pair of cows 1.2kg
A pair of sheep 1.2kg
A pair of pigs 2.2kg
A pair of dogs 0.2kg
A pair of chickens 0.1kg
A return flight to Australia 3.5kg
A return flight to Spain 0.45kg
A return flight to Greece 0.5kg
A return flight to Turkey 0.6kg
A return flight to the Caribbean 1.2kg
A return flight to the USA 0.9kg
A return flight to the Canary Islands 0.4kg
A return flight to the Gambia 0.3kg
A return flight to Australia 1.4kg
A return flight to Spain 0.18kg
A return flight to Greece 0.2kg
A return flight to Turkey 0.24kg
A return flight to the Caribbean 0.48kg
A return flight to the USA 0.36kg
A return flight to the Canary Islands 0.16kg
A return flight to the Gambia 0.12kg
Sending a text message 0.014g
Sending a tweet 0.014g
Sending a photo 0.26g
Sending a video 0.5g
Sending a minute of video conferencing 0.5kg
Sending a minute of video conferencing 0.5kg
Sending a minute of video conferencing 0.5kg